



**CLUB CACTUS JUNIORS VOLLEYBALL CLUB**  
National Training Program Informational Meeting



# CCJ GOALS

- To teach the sport of volleyball while promoting positive attitudes and friendships
- To contribute to the TOTAL DEVELOPMENT of our athletes
- To assist our players in obtaining college scholarships for volleyball (*if this is their goal*) when they qualify through academics, attitude, and ability





# NATIONAL ATHLETE GOALS

1. Improve athlete's technical/mechanical skills
2. To compete against the best teams/athletes
3. Provide Exposure to collegiate coaches/recruiters



- **Standardized training among Mizuno and Silver**

*A community of coaches must maintain a systematic and technical approach to training to allow the promotion of players*

- **Process/Performance Over Outcome**

*We must develop players. While winning is important, we believe that teaching players to behave and play like winners takes precedence over winning itself.*

- **Winning is Important, but behaving like winners is better**

*Playing in the Open can be difficult and helps reveal character*

- **Collegiate Experience at Travel Tournaments**

- **Recruiting Resources**





# OUR #PROCESS

- We have athletes that are committed to being successful
- The CCJ Gym Culture creates high expectations
- Coaches are focused on teaching and training athletes
- Mizuno Teams compete Nationally in the highest divisions
- SportsRecruits gives the athlete control of their recruitment



# NATIONAL TOURNAMENTS

- **Cactus Classic Invitational** Tucson
- **SCVA Las Vegas Classic** Las Vegas
- **Capitol Hill Classic** Washington, DC
- **Red Rock Wave JNQ** Las Vegas
- **Lone Star Classic JNQ** Austin/Dallas
- **JVA West Coast Cup** Long Beach
- **USAV Junior National Championships**





- **OPEN** Division *Collegiate Level*
- **USA** Division *Varsity Level*
- **LIBERTY** Division *Junior Varsity Level*
- **AMERICAN** Division *Freshman Level*
  
- **NATIONAL** Division *Region Allocated Bid*
- **FREEDOM** Division *Region Allocated Bid*



# THE OPEN EFFECT

- Marked Improvement of Athletes
- Improvement in Arizona Region Rankings
  - *Allocated Bids earned in the Region NCQ*
- Core of Mizuno Teams stay together \*
- Increase in Collegiate Volleyball offers
- Use of **SportsRecruits** has increased exposure





# CLUB CACTUS

CLUB CACTUS JUNIORS VOLLEYBALL | TUCSON, ARIZONA

PLAYER EVALUATIONS | TEAM SELECTIONS



# PLAYER EVALUATIONS

## PRIOR TO PLAYER EVALUATION WEEK

Register online with USA Volleyball

Returning USAV members must renew for 2023 season

New members must create new membership

Pay the \$60 USAV/Arizona Region Membership Fee

Register online with CCJ Volleyball

All prospective athletes must register for Evaluations

Pay the \$50 Evaluation Fee \*



## PRIOR TO PLAYER EVALUATION WEEK

Provide the following forms:

*USAV Proof of USA Volleyball Registration*

CCJ Athlete Information Form

CCJ Financial Contract Acknowledgement

USAV Medical Release Form

Arizona Region Concussion Acknowledgement Form

SafeSport Acknowledgement Form

## WHAT TO EXPECT AT THE OPEN HOUSES:

Check-in at least 15 minutes prior to start time

The coaching staff will conduct drills and practices

See how we train and practice!

Check out the CCJ culture!

The administrative staff will be available for questions

Ask what's included in our contract!

Ask about our training philosophy and process!

Sign-up to work at the Cactus Classic and earn credit!



## WHAT TO EXPECT AT THE EVALUATIONS:

Check-in at least 20 minutes prior to start time

There will be a short Parent Meeting once the process begins

Player evaluations will consist of the following:

- Physical Testing

- Skill Evaluation during camp-like instruction and drills

- Positional Evaluation and training

- Competitive Evaluation during controlled-scrimmages

Team rosters will be announced 30 minutes after the evaluation

## AFTER THE EVALUATIONS:

Players will receive a Commitment Form:

**National Teams:** Commitment Deposit should be received within 30 minutes of posted roster.

**Regional Teams:** Commitment Deposit must be before leaving the gym.

*\* CCJ will attempt to complete all rosters and uniform sizing by the end of the Team Selection Day.*



## Current High School Volleyball Season:

- No contact with players until after the event
- One-On-One Private Lessons are allowable (verify with coach)

## High School State Tournament (Effective October 28):

- No contact with players until high school team is finished

## Open House Period:

- No Private Lessons of any kind during **Restrictive Period**
- Restrictive Period is defined as 10 days prior to Team Selection Date

## Commitment Period:

- Club's may only offer a position/contract on Tryout Date



# QUESTIONS/ANSWERS





# BREAK OUT TABLES

## Director's Chair

- Information regarding Tryouts, Tuition, Contract, etc.

## Parent Information

- Insider Perspective from some veteran CCJ OPEN parents!

## Mizuno and Silver National Teams

- Meet and Greet with the National Team Coaches

