

CLUB CACTUS VOLLEYBALL ASSOCIATION

2012 Informational Meeting

CLUB CACTUS JUNIORS

MISSION STATEMENT

1. To raise the level of volleyball in Southern Arizona
2. To meet the needs of a diverse volleyball community
3. To help develop and educate volleyball coaches in the community
4. To develop a facility that will serve as CCJ's primary training center

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CLUB GOALS

- To teach the sport of volleyball while promoting positive attitudes and friendships
- To contribute to the TOTAL DEVELOPMENT of our players and coaches
- To assist our players in obtaining college scholarships for volleyball (*if this is their goal*) when they qualify through academics, attitude, and ability
- To have fun

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TRAINING PHILOSOPHY

- Balance.

Players must be pushed and must train with a purpose. However, training cycles must be designed to allow time for rest (mentally and physically)

- Standardized training among all levels.

A community of coaches must maintain a systematic approach to training to allow the promotion of players

- Reinforcement through competition.

The game teaches the game. Players must be afforded the opportunity to play in order to develop

- Goal Setting for athletic and personal development

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CCJ PROGRAMS

- Competitive Teams
 - National Travel Teams
 - Arizona Region Teams
- Youth | Developmental Programs
 - 12-and-under Programs
 - Competitive Teams | 12-YMCA; 12-Cactus Classic; 12-USAV
 - Training Clinics
 - 10-and-under and 8-and-under Programs
 - Competitive Teams | 10-YMCA
 - Training Clinics

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YOUTH PROGRAMS

12-AND-UNDER PROGRAMS

- Competitive Teams
 - **12-YMCA**
 - 6 to 8 week leagues offered in partnership with YMCA
 - April-May and August-September
 - **12-CACTUS CLASSIC**
 - Participation in the Cactus Classic Invitational, January 14-15
 - 8 week training in preparation for competition
 - **12-USAV**
 - Participation in the Arizona Region of USA Volleyball tournaments
 - 7 competitions from January 28 to May 5; practice 2 times week
- Training Clinics

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YOUTH PROGRAMS

10-AND-UNDER and 8-AND-UNDER PROGRAMS

- Competitive Teams
 - **10-YMCA**
 - 6 to 8 week leagues offered in partnership with YMCA
 - April-May and August-September
- Training Clinics
 - 4 week training clinics offered in partnership with YMCA
 - December-January, April-May and August-September

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COMPETITIVE PROGRAMS

REGION TEAMS

- Offered for 14U, 16U, 18U
- Compete in Arizona Region (7 events)
- National Tournament Schedule
 - Cactus Classic Invitational | January 2012
- Train at least 2 times a week (January-May)

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COMPETITIVE PROGRAMS

TRAVEL TEAMS | 14-AND-UNDER

- Compete in Arizona Region (7 events)
- National Tournament Schedule
 - Cactus Classic Invitational | January 2012
 - SCVA Junior National Qualifier | March 2012
- Train at least 3 times a week (January-May)

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COMPETITIVE PROGRAMS

TRAVEL TEAMS | 16-AND-UNDER

- Compete in Arizona Region
- National Tournament Schedule
 - Cactus Classic Invitational | January 2012
 - Colorado Crossroads JNQ | February 2012
 - Far Westerns JNQ | April 2012*
 - USAV Junior Nationals or Volleyball Festival
- Train at least 3 times a week (January-June)

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COMPETITIVE PROGRAMS

TRAVEL TEAMS | 18-AND-UNDER

- Compete in Arizona Region
- National Tournament Schedule
 - Cactus Classic Invitational | January 2012
 - Las Vegas Invitational | February 2012
 - Colorado Crossroads JNQ | March 2012
 - Far Westerns JNQ | April 2012
 - USAV Junior Nationals or Volleyball Festival
- Train at least 3 times a week (January-June)

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2012 COACHING STAFF

Bill Lang

Melissa Ohta-Walker

Head Coach/Director

Technical Consultant

18-1 | Travel

18-2 | Travel/Region

18-3 | Region

16-1 | Travel

16-2 | Travel

16-3 | Region

16-4 | Region

14-1 | Travel

14-2 | Region

12-and-under program

David Garwacki, Kristin Reece

Danny Arias, Chelsea Crane

Bill Lang, Jessica Trezise

Tim Gallagher

Aaron Marter

Tim Nordensson

John Kramkowski, Kristina Baum, Bill Lang

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2012 TUITION

TUITION IS ALL-INCLUSIVE FOR THE SEASON:

- USA Volleyball player and team registration
- Coaching staff salaries and administrative costs
- Facility and operating expenses
- Gym equipment and volleyballs
- Uniform (jersey, spandex, warm-ups, backpack)
- Region Tournament contracts
- Travel Teams: National Tournament entry fees
- Travel Teams: travel expenses (lodging/transportation)
- Cactus Classic Volunteer Deposit
- NOT INCLUDED: player meals at tournaments

Additional airfare will be added should a team qualify for USAV JNC

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2012 TUITION

12-CACTUS CLASSIC	\$ 225
12-USAV	\$ 500
REGION TEAMS	\$ 1,250
14-TRAVEL TEAMS	\$ 1,750
16-TRAVEL TEAMS	\$ 3,750 *
18-TRAVEL TEAMS	\$ 4,500 *

* Tuition does not include team airfare if qualified for USAV JNC

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FUNDRAISING

Cactus Classic Invitational

Volunteer Deposit: \$250 for volunteering

Tournament Committee jobs

Sponsorship opportunities

Coaching Youth Program

Older players may help coach teams/clinics

CCJ 2012 Program Advertisements

Schwans Food Fundraiser

Tucson Conquistadores Raffle Tickets

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PLAYER EVALUATIONS

WEEKEND I | NOVEMBER 5-6

14-AND-UNDER TRAVEL AND REGION TEAMS

Saturday, November 5 4:00-6:30 PM

Sunday, November 6 2:00-5:00 PM

12-CACTUS CLASSIC, 12-USAV TEAMS

Sunday, November 6 2:00-5:00 PM

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PLAYER EVALUATIONS

WEEKEND II | NOVEMBER 19-20

TRAVEL TEAMS (16U, 18U)

Saturday, November 19 9:00-11:30 AM

Sunday, November 20 12:00-2:00 PM

REGION TEAMS (16U, 18U)

Sunday, November 20 3:00-6:00 PM

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PLAYER EVALUATIONS

PRIOR TO PLAYER EVALUATION WEEKEND

Register online with USA Volleyball

<https://webpoint.usavolleyball.org>

Returning USAV members must renew for 2012

New members must create new membership

Pay online \$25 USAV fee

Bring the following forms:

USAV Proof of Registration

USAV Medical Release Form

CCJ Player Information Form

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PLAYER EVALUATIONS

WHAT TO EXPECT AT THE EVALUATIONS:

Please plan on attending both sessions

Check-in at least 20 minutes prior to start time

Player evaluations will consist of the following:

- Physical Testing

- Skill Evaluation during instruction and drills

- Competitive Evaluation

Team rosters will be announced at end

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PLAYER EVALUATIONS

AFTER THE EVALUATIONS:

Each player will receive a Selection Letter

Before leaving the gym, please inform CCJ:

Yes, accepting roster position

Maybe, we need some time to discuss *

No, thanks

** CCJ will allow three days to make a commitment*

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Questions and Answers